



Diamondbacks Football

**Important Football Information and Dates**

Head Varsity Football Coach Matt Ray- Contact info [mray@eduhd.k12.ca.us](mailto:mray@eduhd.k12.ca.us)  
530-421-4003- ext 4716

**May 20th at 7:00 @ the Union Mine High School Gym**  
**Mandatory meeting for all parents and players interested**  
**In playing football next year.**  
**Incoming (2021) Freshmen-Juniors(class of 2022)**

DATES TO REMEMBER

**Dback Summer Program June 7<sup>th</sup> -June 30<sup>th</sup> (All Levels)**  
**Summer Lifting Physicals and Homecampus *MUST* be completed before**  
**participation in our Summer Program)**

	<u>MTW-</u>	<u>On Field</u>	<u>In Weight Room</u>
(4:00 week of 6/21)	5:00-6:00	JV	Varsity
	6:00-7:00	Varsity/JV	
	7:00-8:00	Varsity only	JV
		<u>Th</u>	<u>Weight Room/Field</u>
	9-11 AM	Varsity	
	9-11 AM	JV	

(The weight room will be open for 16 days in the summer- Football players must get 14 days of lifting—If a player does not get 14 he will make up the necessary hours he missed by doing extra conditioning-**D-backs**)

(TBA) All problems need to be cleared with a coach\*\*\*\*

Dead Time(Vacation Time)

2021 CIF Section Bylaws have voted to move up 2021 Season. Dead Period will run July 5th – July 25th. We will have open weight room during that time for players that are in town and want to continue to get a lift- This is a great time to plan VACTATION

**Start of Fall Practice- JULY 26th( Mandatory Acclimation Period)**

**Summer Parent Meeting**

**Summer Parent Meeting are vital this year to make sure the staff can get you all the information that you will need and allow us to adjust if anything comes up or changes are present**

**Tuesday June 15<sup>th</sup> 7:30 Stadium**

**Tuesday June 29<sup>th</sup> 7:30 Stadium**